



# Caregiving for PD: Navigating Your Options and Planning for the Future

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Licensed care community options from  
independent living through skilled nursing,  
and what's in-between

# Activities of Daily Living (ADLs)

- Dressing
- Bathing
- Grooming
- Continence
- Dining
- Mobility
- Medication

# Continuum of Care Housing Options

Independent  
Living

Assisted  
Living

Memory  
Care

Skilled  
Nursing



# Payment Sources

- Private Pay
- Long Term Care Insurance
- Medicare
- Medi-Cal (Medicaid in other states)

# Licensing

- Non-Licensed
- Dept. Social Services (DSS)
- Dept. Public Health (DPH)

# Independent Living

- Home
  - Not Licensed
  - Care limitations?
  - Cost, financial & emotional
- Community
  - Licensed
  - Care limitations
  - Cost
    - Entry or Community Fee \$500,000 +
    - Monthly fee \$8 – 12,000

# Assisted Living & Memory Care

- Community
  - Licensed
  - Care limitations
  - Cost
    - Community Fee equal to one month's rent
    - Monthly fee based on care needed
      - \$6,000 – 12, 000
- Specialized Memory Care Only
  - \$12,000

# Skilled Nursing

- Licensed
- Care limitations
- Cost
  - Post-Hospitalization Medicare
  - Daily Rate \$150 – 250
  - Monthly Rate \$10 – 15,000



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